

CXII

CENTOUNDICISPA



LIDO
PALACE
1899

Entrance to the CXI Spa is allowed to external guests who are not staying at the hotel, including the use of Finnish sauna, steam bath, Mediterranean bath, a tepid bath with self-treatment, salt room and relaxation area with tea corner. An opportunity to experience intense moments of wellness, away from stress and daily commitments.

EXTERNAL GUESTS



10.00 am
to 7.30 pm

ADMISSION SPA 3 HOURS

28 €

ADMISSION ALL DAY SPA

35 €

**AROMAS AND EMOTIONS
SUPPLEMENT**

7 €

Carnet: If you purchase 5 ALL DAY entrances, the sixth is free.



**ON WEDNESDAYS AND SUNDAYS
AT THE CXI SPA**

The sense of smell is a direct communication between our surroundings and emotions; through this sense, aromas reach us directly where emotions dwell, triggering a cascade of memories and feelings. Every Wednesday and Sunday from 10:00 AM to 7:30 PM, you can attend “Aromas and Emotions”, providing an exfoliation for the body in a tepid bath with a rejuvenating and nourishing natural skin product.

We kindly request advance booking.

Included in the admission price:

**bathrobe
spa towel
slippers
complimentary toiletries**

aromas and emotions

**Pampering proposals
in a course of treatments.
Spend a day dedicated
to well-being, to experience
unique and exclusive
moments, including
entrance to the CXI spa,
bookable in advance
by guests not staying
at the hotel.**

spa
entry

FIT AND SPA

47 €

Daily admission to CXI Spa.
Light lunch with the
“Trittico” yoghurt lunch,
including Yo-soft ice cream,
fresh fruit and muesli.

DETOX AND SPA

45 €

Daily access to the CXI Spa
“Energy detox” Extract
of fresh seasonal fruit

SWEET AND SPA

43 €

Daily access to the CXI Spa
Fresh fruit skewers covered
with dark chocolate

SPA AND FRIENDS

85 € PER COUPLE

Daily access to the CXI Spa
Yo-soft cup with fresh fruit
and granola

EXTERNAL GUESTS



For those who want to be pampered in a course of treatments while not staying at the hotel, we created a range of proposals including entrance to the CXI Spa, which can be booked in advance.

day
spa



WELCOME DAY SPA

85 €

It includes daily admission to CXI SPA and a 25-minutes welcome treatment chosen from:

- A customized relaxing back and relaxing massage
- Or
- A mini facial treatment with Skinceuticals products
- A revitalizing "Fire" infusion with ginseng

RELAX DAY SPA

150 €

A personalized, enveloping massage with hot Shea butter and a rejuvenating facial treatment, to relax and rebalance your mind and body, for an unforgettable experience.

- Daily admission to the CXI Spa
- Cocoon massage 50 minutes
- Skinceuticals facial treatment 25 minutes
- A relaxing herbal tea "Terra" with sweet orange

YOU AND ME CXI DAY SPA

260 € PER COUPLE

A wellness trip, with different massage techniques in a complete ritual for body and face, within the SPA Suite Ritual.

- CXI SPA Daily admission for two people
- 80 minute couple's massage of in the Ritual Suite
- A green tea with jasmine flowers

DETOX DAY SPA

140 €

A totally personalized massage and a detoxifying mask to relax and rebalance your mind and body, for an unforgettable experience.

- Daily admission to the CXI Spa
- CXI massage 50 minutes
- Mask purifying and detoxifying the body in the Roman bath 20 minutes
- Fresh fruit extract detoxifying

OPENING HOURS

CXI TREATMENTS

from 10:00 am to 8:00 pm

CXI DEGREES°. THE WORLD OF SAUNAS

from 10:00 am to 8:00 pm

CXI WAVES. AQUATIC PLEASURE

from 7:00 am to 8:00 pm

CXI MOVEMENTS. EXCLUSIVE FITNESS

from 6:30 am to 8:30 pm

information



REGULATIONS

Children under 14 years are not permitted access to the humid area and sauna of CXI spa, but can make use of the swimming pool areas and whirlpool.

In the sauna and steam baths it is required to enter naked within each hot environment, covering only with the towel supplied.

HOW TO BOOK

We kindly ask you to make an advance reservation for your entry and treatments, and we request a valid credit card number as guarantee. If you fail to cancel a reservation at least 6 hours prior to the scheduled time, or in case of no-show, the total amount for the treatment will be charged. Children under the age of 12 are eligible for a 30% reduction on the entry price when booking.

+39 0464 02 1911

spa@lido-palace.it

ARRIVAL TO THE SPA

Please arrive 30 minutes before your appointment to start your experience in a relaxed manner, taking advantage of the changing rooms and enjoying a natural, herbal tea.

WHAT TO WEAR

When you access the CXI spa you will be given a wellness kit including a bathrobe, slippers and bath towel that will be used in the environments of the spa and you will find these inside your locker.

We recommend you bring swimming costumes that should be worn in the swimming pool area and whirlpool. For Spa treatments, our staff will provide disposable undergarments for ladies and gentlemen.

GIFT VOUCHER

The CXI Spa aims to offer well-being to your family or friends, in the form of gift vouchers which can be booked directly at the CXI reception area and personalized as you prefer.

LIDO
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RIVA DEL GARDA

LIDO PALACE
VIALE CARDUCCI 10
38066 RIVA DEL GARDA (TN) - ITALIA


THE LEADING HOTELS
OF THE WORLD®

TEL. +39 0464 02 1911
SPA@LIDO-PALACE.IT
LIDO-PALACE.IT