

CXII

CENTOUNDICISPA



LIDO

PALACE

1899



the seven ceremonies

The CXI Seven Ceremonies redefine the concept of luxury, letting waves wash over the wellness area, where the focus is on the senses, nurtured and enhanced by precious and exclusive organic ingredients.

This exclusive selection of massages inspired by the world, immerses you in daily rituals of distant lands, rooted in the past and reinterpreted in an original way at the CXI spa to ensure a unique experience.

We offer experiences from the ancient ritual of the Japanese bath to the crossing of the South Seas to Malaysia, from the suggestions of a Garden of Earthly Delights in the Middle East to seeking the warmth of the stones of the Northern Gems, from the magic of ancient China to the realization of a Burma dream, then moving to the Andaman Sea, where this Indian land inspires the return to soul and body well-being, accompanied by personalized advice in choosing the right location where you can get swept away.



Ofuro

The ancient Japanese ritual for couples

Not only a journey through space, but also in time, to the island that is so far away in traditions and rhythms: Japan. A warm bath, a purifying and regenerating experience that recalls ancient customs, becomes an immersion into an experience dedicated to gentle touches and thoughtful gestures. The scent of lotus and neroli emanated on the body by the use of fine rice cream, relaxes and melts tension from head to toe.

80 MINUTES / 390 € PER COUPLE



Talingo

Journey to the South Seas

Talingo, the ancient ritual of relaxation and regeneration that is fast-paced and accompanies this journey in search of well-being. It starts from Thailand, where the body is greeted by intense movements of stretching and joint mobilization from the ancient tradition of Thai massage, which offers new energy and elasticity for the muscles. The hair and the head will then be wrapped by the sweet fragrance of carrot and prickly pear oil, while the flowing movements of the Malaysian full-body massage, accompanied by the scent of champaca flowers, will help you reach deep well-being.

80 MINUTES / 210 €



Loukum

The Garden of delights

This experience takes you to the Middle East in mysterious and lush exotic gardens, for an authentic and ancient sensation. Pistachios and almonds, the essential ingredients of the Turkish sweet "Loukum", play the leading role in an exfoliating and invigorating massage, which prepares the skin for a warm bath, topped off by delicious aromas of a typical Middle Eastern market. Next, an awakening of the senses begins softly with a light dripping of warm butter on the skin, in a relaxing massage that wraps the body in a delicate essence of lotus and plumeria.

140 MINUTES / 340 €



Baltic amber

Gems of the North

In the whiteness of the northern ice, like a jewel imprisoned in a cold glass case, amber embodies the secrets of the oceans and time. This ceremony chooses journey as an element, via butters and essential oils, to transmit a long amber embrace creating harmony throughout your body. A massage with warm amber stones and heated Baltic butter, keepers of the secret of the heat of the earth that surrounds and calms the senses. It melts away all the tensions of the body and restores well-being.

110 MINUTES / 280 €

V

The weaver

Ancient China

This delicate ceremony designed for the hands takes guests to ancient China, to discover the secret of the soft hands of the weaver, influenced by the delicacy of the precious fabrics woven for the empress, that his fingers touch and work with patience and meticulousness. A mask of honey, rose and ginger melts with the heat of the body, releasing all their nutrients and anti-aging properties. The intense aromatic notes of a massage that also involves the head and shoulders, bring to mind the scents of flowers gardens of the Far East, a memory which remains on your hands.

50 MINUTES / 90 €

VI

The equilibrist

Burma dreaming

As a journey through the Bay of Bengal and the northern mountains, the Balancing Act Ceremony is a course designed to gently smooth the bottom of the foot, that supports the weight of the body, giving them a feeling of lightness and softness, through treatments that draw from the tradition of Eastern dexterity and the use of products that recall lands and distant horizons. All tension is dissolved by this relaxing foot massage and aroma of the champaka flower, mentioned in ancient legends as the flower of the sunset in Southeast Asia.

50 MINUTES / 100 €

VII

Andaman sea

Indian inspiration

The ceremony retraces the steps of the Indian tradition, the land of the search for harmony between mind and body. Immersed in the fragrance of coconut oil, sesame and the mysterious aromas of India that envelops the senses, this massage devotes its attention to the head, pausing to calm the mind. A rhythmic touch of Ayurveda herbs with sandalwood and patchouli covers the entire body, relieving tension and restoring the natural cadence of your breathing.

80 MINUTES / 220 €



To enjoy a quiet and relaxing environment while within the spa and surrounding areas, we kindly ask you to turn off your mobile phones and lower your tone of voice.

The staff reserves the right to deny access to anyone whose attire or behaviour may disturb or endanger other guests in the spa and surrounding areas. All internal CXI areas are non-smoking. Our staff will show guests the dedicated smoking area outside the building.

In the sauna and steam baths, you are required to remove all clothing within each hot environment, covering only with the towel supplied. We recommend you bring bathing suits to use in the pool and whirlpool areas.

centoundici etiquette



APPOINTMENTS

In order to satisfy all needs and ensure availability, we kindly ask you to book your treatments when you confirm your stay. For Spa treatments, our staff will provide disposable undergarments for ladies and gentlemen.

CANCELLATION POLICY

If you fail to cancel a reservation at least 6 hours prior to the scheduled time, or in case of no-show, the total amount for the treatment will be charged.

CHILDREN

All guests under the age of 14 who wish to receive treatments or use the services of CXI SPA are considered minors and must be accompanied by a parent or adult guardian.

Access to CXI Degrees and Movements is prohibited to children under 14 years.

PRECAUTIONS

In case of allergies or health conditions (including circulatory or heart problems, or linked to high blood pressure) please advise at time of booking to receive the most appropriate treatment.

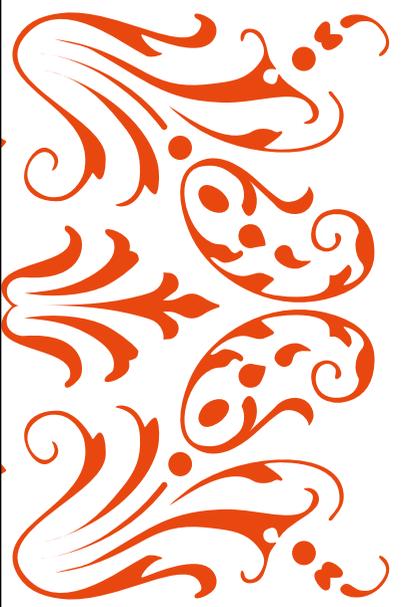
Pregnant women are requested to notify us and to make reservations after consultation with your doctor.

ARRIVAL

We kindly ask you to arrive 15 minutes before your appointment wearing bathrobes and slippers, having completed the medical questionnaire, which will allow our therapists to customize your treatments. The treatments begin and end within the time confirmed to allow the next guest a punctual appointment.

SPA PRODUCTS

The CXI spa reception is the place where you can buy exclusive products used during your treatment, in order to continue the experience at home and prolong the results.





RIVA DEL GARDA

LIDO PALACE
VIALE CARDUCCI 10
38066 RIVA DEL GARDA (TN) - ITALIA


THE LEADING HOTELS
OF THE WORLD®

TEL. +39 0464 02 1911
SPA@LIDO-PALACE.IT
LIDO-PALACE.IT